



# SEQUOYAH HILLS PRESBYTERIAN CHURCH

3700 Keowee Avenue • Knoxville, TN 37919

865-522-9804 • SequoyahChurch.org

WORSHIP SERVICE 8:30 & 11:00 A.M.

SUNDAY SCHOOL 9:30 A.M.

## SERVICE FOR THE LORD'S DAY

January 19, 2020

### GATHERING

WELCOME

Rev. Rachel Hamburger

INTROIT

*Turn Your Eyes Upon Jesus*

Helen Lemmel

OPPORTUNITIES FOR DISCIPLESHIP

MOMENT FOR MISSION: Pond Gap

Cathy Henry

CALL TO WORSHIP

Leader: This is the day the Lord has made.

**People: Let us rejoice and be glad in it.**

\* HYMN #411

*Arise, Your Light Is Come!*

FESTAL SONG

\* PRAYER OF CONFESSION (*in unison*)

Rev. Mark Lampley

**Spirit of God, you help us in our weakness,  
for we do not know how to pray as we ought,  
but you intercede for us according to your will.**

**Forgive us for trying to pray on our own.**

**Forgive us for trying to do so much of life on our own,  
in our own power, with our own resources or abilities,  
even when we know that our strength is in you.**

**By your mercy, make strong in us what is weak,  
that the glory would be yours.**

\* SILENT PRAYERS OF CONFESSION

\* ASSURANCE OF PARDON

\* ACT OF PRAISE (Congregation sings.)

GLORIA PATRI

**Glory be to the Father, and to the Son, and to the Holy Ghost;  
As it was in the beginning, is now, and ever shall be,  
world without end. Amen, Amen.**

\* PASSING THE PEACE

Leader: The peace of Christ be with you.

People: **And also with you.**

**THE WORD**

CHILDREN'S TIME (11:00)

*(Children are invited to come forward as we pass the peace. Following the Children's Time we will sing "Jesus Loves Me" as children ages four through first grade meet their greeters for Children & Worship. Children should be picked up below the Sanctuary after the service.)*

**Jesus loves me! This I know, for the Bible tells me so. Little ones to Him belong, they are weak, but He is strong. Yes, Jesus loves me! Yes, Jesus loves me! Yes, Jesus loves me! The Bible tells me so.**

PRAYER FOR ILLUMINATION

(8:30) Blair Riestenberg  
(11:00) Turner Howard

OLD TESTAMENT Isaiah 40:25-31

Pew Bible, p. 668

Leader: The Word of the Lord.

People: **Thanks be to God.**

SOLO (8:30)

*On Eagle's Wings*  
Matthew Tolson, tenor

arr. Jack Schrader

ANTHEM (11:00)

*Think on These Things*  
SHPC Chancel Choir

Craig Courtney

NEW TESTAMENT 2 Corinthians 12:1-10

Pew Bible, p. 185

Leader: The Word of the Lord.

People: **Thanks be to God.**

SERMON

*Real: The Upside of Weakness*

Rev. Rachel Hamburger

HYMN #322 (seated)

*Spirit of the Living God*

LIVING GOD

**Spirit of the Living God, fall afresh on me;  
Spirit of the Living God, fall afresh on me.  
Melt me, mold me, fill me, use me.  
Spirit of the Living God, fall afresh on me.**

**RESPONDING**

PRAYERS OF THE PEOPLE / THE LORD'S PRAYER

Dr. Jay Howell

**Our Father who art in heaven, hallowed be Thy name. Thy kingdom come, Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our debts, as we forgive our debtors; and lead us not into temptation, but deliver us from evil. For Thine is the kingdom and the power and the glory, forever. Amen.**



## CALENDAR

### TODAY

- 8:30 A.M. - Worship Service (Sanctuary)
- 9:30 A.M. - Sunday School
  - Newcomers Class (Fowler Conference Room)
  - Blood Pressure Checks (Reception Room)
- 10:15 A.M. - Chancel Choir Rehearsal
- 11:00 A.M. - Worship Service (Sanctuary)
- 12:00 P.M. - Blood Pressure Checks (Reception Room)

### MONDAY—OFFICE CLOSED for Martin Luther King, Jr. Holiday

### TUESDAY

- 9:00 A.M. - FISH (Barron Hall)
- 10:00 A.M. - Visitation Committee (Reception Room)
- 4:30 P.M. - Youth serve at Thrive (off site)
- 5:30 P.M. - Mission Endeavors Meeting (Reception Room)
- 6:00 P.M. - Disciple V (The Loft)

### WEDNESDAY

- 10:30 A.M. - Wednesday Bible Study (Fowler Conference Room)
- 4:30 P.M. - Joyful Praise Choir (Upper Conference Room)
  - Joyful Noise Choir (Children & Worship Room)
  - Women's Ministries Committee (Room 232)
- 5:15 P.M. - Wednesday Night Fellowship (Barron Hall)
- 6:00 P.M. - Disciple Fast-Track Bible Study (Room 322)
  - Infant/Toddler Childcare (Room 204)
  - Preschool/Elementary Childcare (Media Room)
  - Youth Small Groups (The Loft)
- 6:15 P.M. - Bible Studies:
  - 1st-5th Grade (Kingdom)
  - Women with Younger Children (Fowler Conf. Room)
  - Women 45+ (Reception Room)
- 7:00 P.M. - Chancel Choir Rehearsal (Choir Room)

### THURSDAY

- 8:00 A.M. - Men's Bible Study (off site)
- 10:15 A.M. - Yoga (The Loft)

### FRIDAY

- 7:00 A.M. - Men's Bible Studies (various locations)
- 9:00 A.M. - Beginner's Tai Chi (Barron Hall)
- 8:00 P.M. - Middle School Lock-In (The Loft)

## ANNOUNCEMENTS

**ARE YOU A VISITOR WITH US TODAY?** We are delighted that you are here. If you would like more information about Sequoyah Hills Presbyterian Church, please speak to an usher or visit our website at [www.sequoyahchurch.org](http://www.sequoyahchurch.org).

**SHPC'S ANNUAL CONGREGATIONAL MEETING** is on Sunday, January 26, at 11:00 A.M. in the Sanctuary for the purpose of presenting the 2020 budget, approving changes in the pastors' terms of call,

electing officers for the class of 2022-2023, and electing four at-large members to serve on the Nominating Committee.

**"NEW" NOMINATIONS POLICY:** At next Sunday's Congregational Meeting, we will vote on a "new" policy for our Nominating Committee, governing the process by which our church nominates, elects, trains, and installs our officers. It was approved by Session in 2018, but we forgot to include it in last year's meeting! Copies are available in the back of the sanctuary and on the church website.

**DURING OUR JANUARY SERMON SERIES, WE INVITE "OFFERINGS" UP TO GOD** in the form of written responses, in addition to financial and prayerful responses. Following the theme of each week's sermon, worshipers will be able to use pew rack inserts to "give up" something to God as a word or short phrase with no associated author name given. During the Offering, anonymous and confidential offerings may be given on weekly themes. Pastors, Deacons and our Prayer Groups will then pray for these specific offerings.

**BLOOD PRESSURE CHECKS** are today at 9:30 and noon in the Reception Room.

**SHEEP REGISTRATION** is now open to non-enrolled church members as space allows. The deadline to register your child is Tuesday, February 4. Green registration forms are available at the SHEEP information shelf in the Spitzer Building lobby. Contact Courtney Goff at 522-2034 or [cgoff@sequoyahchurch.org](mailto:cgoff@sequoyahchurch.org) for more information.

**THE SHPC WOMEN'S RETREAT** is one of the highlights of the year. The 2020 Retreat is February 28 – March 1 at the beautiful RT Lodge in Maryville with guest speaker Laura Strunk. Registration forms are available in the back of the church and on the church website. Forms and deposits are due by February 9. Final payment is due February 23.

**FISH DELIVERIES** are Tuesday at 9:00 A.M. in Barron Hall. Contact Kim Zirkle at [squeeze84@comcast.net](mailto:squeeze84@comcast.net) if you can help make deliveries.

**FISH DONATIONS:** Every family is being asked to bring a specific item each month for FISH. In January, those who are able are asked to bring a 4-pack of toilet paper (double roll) to the church office. Thank you for your help with our FISH ministry.

**THE VISITATION COMMITTEE** meets on Tuesday at 10:00 A.M. in the Reception Room. All are welcome to join.

**WOMEN'S MINISTRIES COMMITTEE** meets on Wednesday at 4:30 P.M. in Room 232.

**WEDNESDAY NIGHT FELLOWSHIP** is in Barron Hall from 5:15 to 6:00: Zoe's Kitchen. RSVP and prepayment required by Tuesday at noon. Youth/adults \$8, children/seniors \$5, and family \$25 maximum. Wednesday Bible studies offered after dinner are listed in the calendar section above.

**A NEW BIBLE STUDY FOR MEN** in their 20s, 30s, and 40s meets on Thursdays from 8:30 to 9:30 A.M. in the Study Room at Chick-fil-A, 4944 Kingston Pike.

**TRUE HEALTH COMES WHEN** the body, mind, and spirit work together in harmony. It's not too late to try the Beginning Tai Chi class on Fridays from 9:00 to 10:30 A.M. The benefits of this gentle form of exercise include stretching deeply with full range of motion, engaging the whole body and its systems, strengthening the body, and calming the mind.

**SHPC YOUTH MIDDLE SCHOOL LOCK-IN** begins on Friday at 8:00 P.M. in The Loft. Play all night. Sleep all day. Cost \$45. Brochures are available on Laura Cutter's office door or check out the link on our website.

**CONGRATULATIONS AND BEST WISHES** to Victoria and Tee Cleveland on the birth of their daughter,

Ann Hyland Frances Cleveland, on Monday, January 6.

**YOU'RE INVITED TO ATTEND** a presentation on co-dependency on Sunday, January 26, from 5:00 to 6:00 P.M. in the Media Room. Tom Gilbertson, LCSW, will be the speaker. This presentation is the Continuing Education portion of the Stephen Ministry meeting, but everyone is welcome and encouraged to attend.

**SAVE THE DATE: REMOTE AREA MEDICAL CLINIC** at Roses Creek on Saturday, March 28. Doctors, nurses, dentists, and hygienists are asked to consider volunteering. For more information contact Margaret Ritchie at mritchie1004@gmail.com or 567-2636.

**YOU DON'T HAVE TO WALK ALONE:** Do you or someone you know need prayer? After worship, there is a Deacon in both the Chapel and at the front of the Sanctuary available to talk with you or to pray with you. All prayers are held in confidence. You may also fill out the "prayer request" form found in our pews and place it in the offering plate. You will be prayed for!

Stephen Ministers and Deacons also stand ready to offer support in any way. Call Sis Mitchell (584-8447) for Stephen Ministry or Cathy Henry (898-9131) for Deacons.

If you have a joy or concern you would like to add to our prayer list that goes out to many "Pray-ers" in our congregation, email Pam Fritts at fritts1971@gmail.com.

**TRY A SUNDAY SCHOOL CLASS.** You are welcome to attend any class at any time: (1) Chapel – The Book of Job, (2) Room 232 – Ralph Hamburger, (3) Spitzer Room 317 – Message, Faith, and Spirit, (4) Spitzer Room 320 – Parenting, and (5) Spitzer Room 322 – Adam Hamilton's *The Journey*.

**THIS SUNDAY'S VOLUNTEERS:** Greeter – Andy Cheadle; Ushers – Ned Babb, Joe Bruner, Sandy Gillespie, Beau Hannifin, Lee Hyde, Vance Link, Jim Mitchell, Jerry Sinclair, Judd Spitzer, and Beth Sterchi. December Flowers – Denise Anderson, Midge Ayres, Sunny Biden, Helen Bruner, Kathryn Callaway, Ellyn Cauble, Stephanie Daniel, Amelia Daniels, Peyton Drysdale, Casey Field, Cammy Glover, Gail Grossman, Marion Hannifin, Cathy Henry, Florence Johnston, Stevens Koella, Cheryl Kershaw, Judy Luttrell, Wendy Matthews, Adrienne McPeake, Jane Moyer, Linda Raulston, Karen Reed, Jennifer Sanger, Susan Schmid, Peggy Tippens, Tamara Warner, and Cathy Youmans.

**IN THE NURSING HOMES AND ASSISTED-LIVING CENTERS:** Arbor Terrace – Donna Stevens; Ben Atchley – Peyton Morgan; Deane Hill Place Memory Care – Dick Gourley; Little Creek – Bobbie Congleton; NHC Farragut – Barbara Patterson; Northshore Senior Living – Phyllis Marks and Margaret Rodgers; Park Place of West Knoxville – Jim Patteson; Westmoreland – Betty Benson and Pat Gray.



*A Stephen Ministry Congregation*

Rev. Dr. Jay Howell, Senior Pastor	<a href="mailto:jhowell@sequoyahchurch.org">jhowell@sequoyahchurch.org</a>
Rev. Mark Lampley, Associate Pastor	<a href="mailto:mlampley@sequoyahchurch.org">mlampley@sequoyahchurch.org</a>
Rev. Rachel Hamburger, Associate Pastor	<a href="mailto:rhamburger@sequoyahchurch.org">rhamburger@sequoyahchurch.org</a>
Andrew Skoog, Director of Music	<a href="mailto:askoog@sequoyahchurch.org">askoog@sequoyahchurch.org</a>
Dr. Eunsuk Jung, Organist/Pianist	<a href="mailto:ejung@sequoyahchurch.org">ejung@sequoyahchurch.org</a>
Mary Emily Morris, Director of Children's Ministries	<a href="mailto:memorris@sequoyahchurch.org">memorris@sequoyahchurch.org</a>
Laura Cutter, Director of Youth Ministries	<a href="mailto:lcutter@sequoyahchurch.org">lcutter@sequoyahchurch.org</a>
Laurette Beekman, Parish Nurse	<a href="mailto:lbeekman@sequoyahchurch.org">lbeekman@sequoyahchurch.org</a>
Katie McHargue, Business Manager	<a href="mailto:kmchargue@sequoyahchurch.org">kmchargue@sequoyahchurch.org</a>
Dr. William Barron, Pastor Emeritus	



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